Jill Wolcott | knits®
pattern tailor

section 3 of 4
road map, schematic, techniques, calculator links, abbreviations & symbols / swatch instructions

written & charted instructions

BERKSHIRES COWL

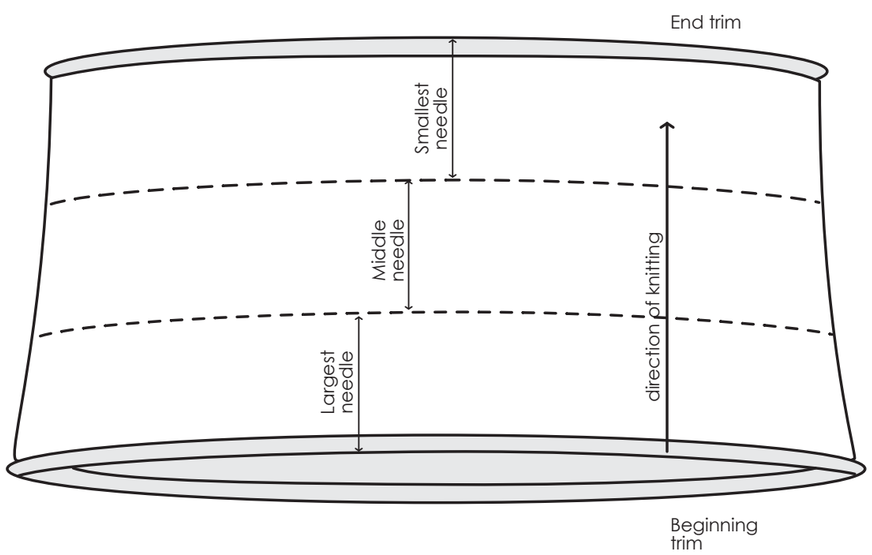
- Any weight yarn!
- Elongated slip stitches
- Simple Cowl

Share your projects using the hashtags #JillWolcottKnits and #JWKBerkshirescowl or #JWKpatterntailor - I love seeing what you're working on.
Be sure to sign up for the ***Inside Scoop*** newsletter to stay in the loop about new patterns, classes, workshops, and more.

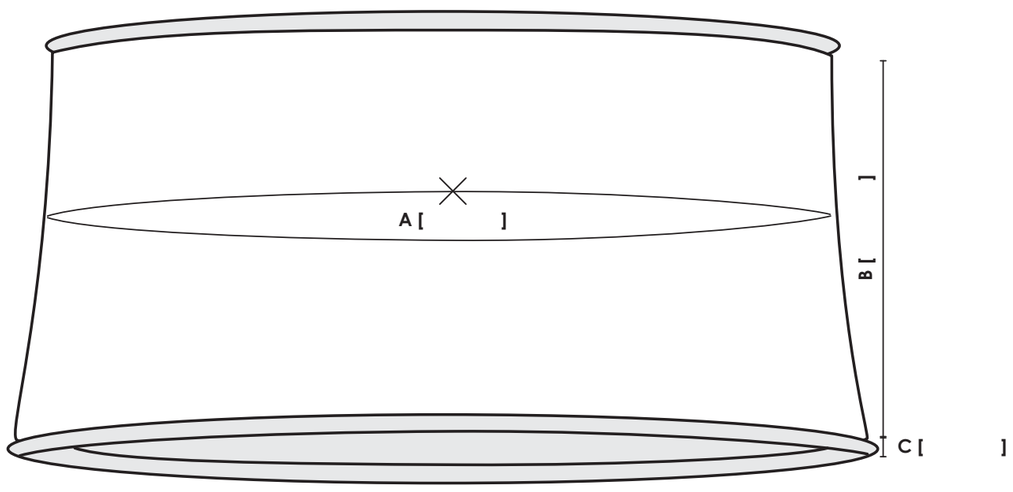
Copyright © 2025 Jill Wolcott Knits LLC
www.JillWolcottKnits.com

moderate / ITR, slip stitches

berkshires cowl road map



berkshires cowl schematics



Copyright © 2025 Jill Wolcott Knits LLC
www.JillWolcottKnits.com

techniques, in alphabetical order

The technique instructions used in this pattern are provided as an aid in reproducing my designs. My samples are knit by a knitter, following these instructions, so I know they work.

When you encounter a new-to-you technique, I recommend practicing it using practice yarn before working it in the design. Some of my techniques seem a little tricky or fiddly, but they get great results, and will pay off for you when you can apply them to future projects.

flexible long-tail cast on
JSSBO / Jeny's surprisingly stretchy bind off
Closing the Gap in JSSBO
k1 wrapping yarn 2x/3x
k1-b
k2tog
sl1 dropping extra wrap(s)
slip
steam block
wet block
work in end

yarn calculator links

Yarn Remainder Finder
Use the Yarn Remainder Finder link to get to the General Yarn Calculator and the JSSBO Yarn Calculator.
Calculating Yarn Used

abbreviations & symbols

Get more at www.JillWolcottKnits.com/abbreviations.

%	percent	k1-b	knit 1 through back leg
BO	bind off	m	meter(s)
BOR	beginning of round	mm	millimeter(s)
C#	color number	oz	ounce
cm	centimeter	p	purl
CO	cast on	PM	place marker
g	gram(s)	rnd(s)	round(s)
in/"	inch(es)	RS	right side
ITR	in-the-round	sl	slip
JSSBO	Jeny's surprisingly stretchy bind off	st(s)	stitch(es)
k2tog	knit 2 together	yd(s)	yard(s)
k	knit	x	times (in tables)

BERKSHIRES COWL

written stitch patterns for swatching

These are the primary stitch patterns used in the Berkshires Cowl and are presented here for ease of swatch knitting and reference. There are both flat and in-the-round (ITR)

I recommend that you always use the flexible long-tail cast on for any swatch to be sure your cast on isn't distorting your knitting. For the same reason, I always bind off using JSSBO. Your swatch is a perfect place to practice any of the techniques introduced in this pattern.

Stitches to Cast On

Choose the appropriate number of stitches from the table to the right. These cast on numbers allow for a swatch approximately 5.5" / 14 cm wide. For the Flat swatch the stitches will include the +2, and for the ITR swatch it includes the two edge stitches.

Sts per In/CM	Sts to CO
2.5	14
3	18
3.5 / 4	22
4.5	26
5	30
5.5 / 6	34
6.5 / 7	38
7.5	42
8 / 8.5	46
9	50

Slough stitch (flat)
multiple of 4 sts + 2

Using size [ ] needles, **C1** and the flexible long-tail cast on, CO[ ] sts.

After casting on, work Rows 1 and 2.

Row	Color	Reverse Stockinette
1 [RS]	C1	Purl
2	C1	Knit

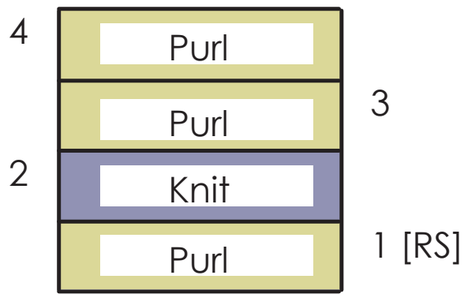
To complete the trim, work Rows 3 and 4.

Row	Color	Reverse Stockinette
3 [RS]	C1	Purl
4	C1	Purl

Copyright © 2025 Jill Wolcott Knits LLC
www.JillWolcottKnits.com

Action charts for flat swatching

Trim Rows 1 through 4 Slough stitch (flat) Action chart



I found it a little confusing when working from the WS to keep track of whether the non-slip stitches should be knits or purls. Use the tables to the right to keep track of that and color.

Row / Color	RS Pattern
5 [RS] / **C1**	Knit
6 / **C1**	Purl
7 / **C1**	Purl
8 / **C1**	Knit
9 / **C2**	Knit
10 / **C2**	Purl

Row / Color	RS Pattern
11 [RS] / **C2**	Purl
12 / **C2**	Knit
13 / **C1**	Knit
14 / **C1**	Purl
15 / **C1**	Purl
16 / **C1**	Knit

Set up the Slough pattern by working Rows 5 through 16.

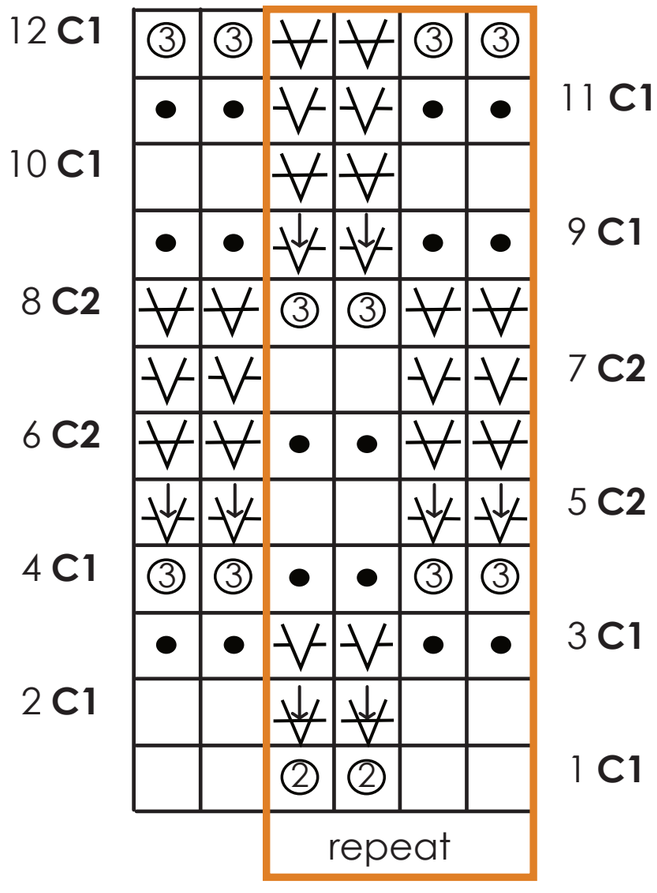
Row	Color	Begin	Slough (4 sts)	End
5 [RS]	**C1**	—	K2, (k1 wrapping yarn 2x) 2x	k2
6	**C1**	K2	(wyif sl1 dropping extra wrap) 2x, k2	—
7	**C1**	—	P2, wyib sl2	p2
8	**C1**	(P1 wrapping yarn 3x) 2x	p2, (p1 wrapping yarn 3x) 2x	—
9	**C2**	—	(Wyib sl1 dropping extra wraps) 2x, k2	(wyib sl1 dropping extra wraps) 2x
10	**C2**	Wyif sl2	k2, wyif sl2	—
11	**C2**	—	Wyib sl2, k2	wyib sl2
12	**C2**	Wyif sl2	(p1 wrapping yarn 3x) 2x, wyif sl2	—
13	**C1**	—	K2, (wyib sl1 dropping extra wraps) 2x	k2
14	**C1**	K2	wyif sl2, k2	—
15	**C1**	—	P2, wyib sl2	p2
16	**C1**	(P1 wrapping yarn 3x) 2x	wyif sl2, (p1 wrapping yarn 3x) 2x	—

Repeat Rows 5 through 16.

Copyright © 2025 Jill Wolcott Knits LLC
www.JillWolcottKnits.com

knit
purl (specified number)
② ③ knit wrapping yarn 2/3 times
③ purl wrapping yarn 3 times
slip dropping extra wrap(s)
wyib slip
wyif slip

Rows 5 through 16 Slough stitch (flat) Action chart



BERKSHIRES COWL

Slough stitch (ITR)

multiple of 4 sts

Using size [ ] needles, **C1** and the flexible long-tail cast on, CO[ ] sts.

After casting on, push the stitches to the right end of your circular needle (or dpn), stretching the yarn across the back so it is approximately 5" / 12.7 cm long and work Row/Rnd 1.

Row / Rnd	Color	Reverse Stockinette
1 [RS]	**C1**	Purl

Work Row/Rnd 1 (always from the right side) a total of 3 times. Continue to bring the yarn across the back leaving a length of yarn that is nearly the same every row for ease of determining how much yarn wasn't worked in actual stitches.

Row / Rnd	Color	Begin	Slough (4 sts)	Repeat	End
2 [RS]	**C1**	K1-b	k2, (k1 wrapping yarn 2x) 2x	to last st	k1-b
3	**C1**	K1-b	p2, (sl1 dropping extra wraps) 2x	to last st	k1-b
4	**C1**	K1-b	p2, sl2	to last st	k1-b
5	**C1**	K1-b	(k1 wrapping yarn 3x) 2x, k2	to last st	k1-b
6	**C2**	K1-b	(sl1 dropping extra wraps) 2x, k2	to last st	k1-b
7	**C2**	K1-b	sl2, p2	to last st	k1-b
8	**C2**	K1-b	sl2, p2	to last st	k1-b
9	**C2**	K1-b	sl2, (k1-wrapping yarn 3x) 2x	to last st	k1-b
10	**C1**	K1-b	k2, (sl1 dropping extra wraps) 2x	to last st	k1-b
11	**C1**	K1-b	p2, sl2	to last st	k1-b
12	**C1**	K1-b	p2, sl2	to last st	k1-b
13	**C1**	(K1-b	(k1 wrapping yarn 3x) 2x, sl2	to last st	k1-b

Repeat Rows/Rnds 2 through 13.

Copyright © 2025 Jill Wolcott Knits LLC
www.JillWolcottKnits.com

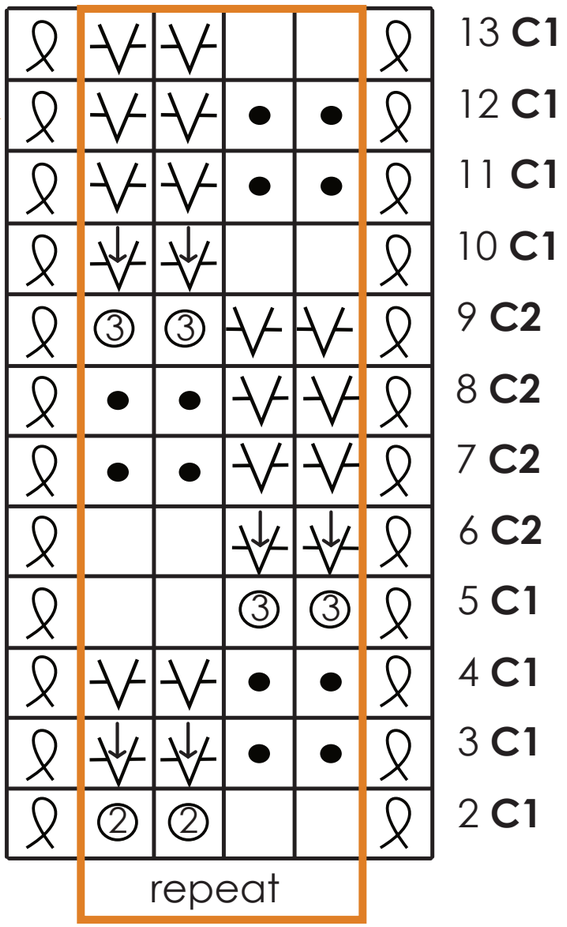
knit
[#] purl (specified number)
k1-b
② ③ knit wrapping yarn 2/3 times
slip dropping extra wrap(s)
wyib slip

Row/Rnd 1 Trim (ITR) Action chart

Purl 1 [RS]

Rnds 2 through 13 Slough stitch (ITR) Action chart

Note: Pull yarn across the back at the end of every row/round.



BERKSHIRES COWL