Jill Wolcott | knits®
Pattern Tailor

section 1
table of contents, road map & schematic, abbreviations & symbols, technique links, measurements, information you can use, written and charted swatching instructions

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CHIOS COWL SECTION 1

moderate / ITR / German short rows

Top-Down or Bottom Up

Any weight yarn
Your Gauge
Your Size

Mesh
Seed Stitch
Twisted Trio Rib

Fillable form to record information for the *Pattern Tailor*

Be sure to sign up for the *Inside Scoop* Newsletter to stay in the loop about new patterns, classes, workshops, and more.

Attached and Apart: First Course

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moderate / ITR / German short rows

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Pattern Tailor

chios cowl
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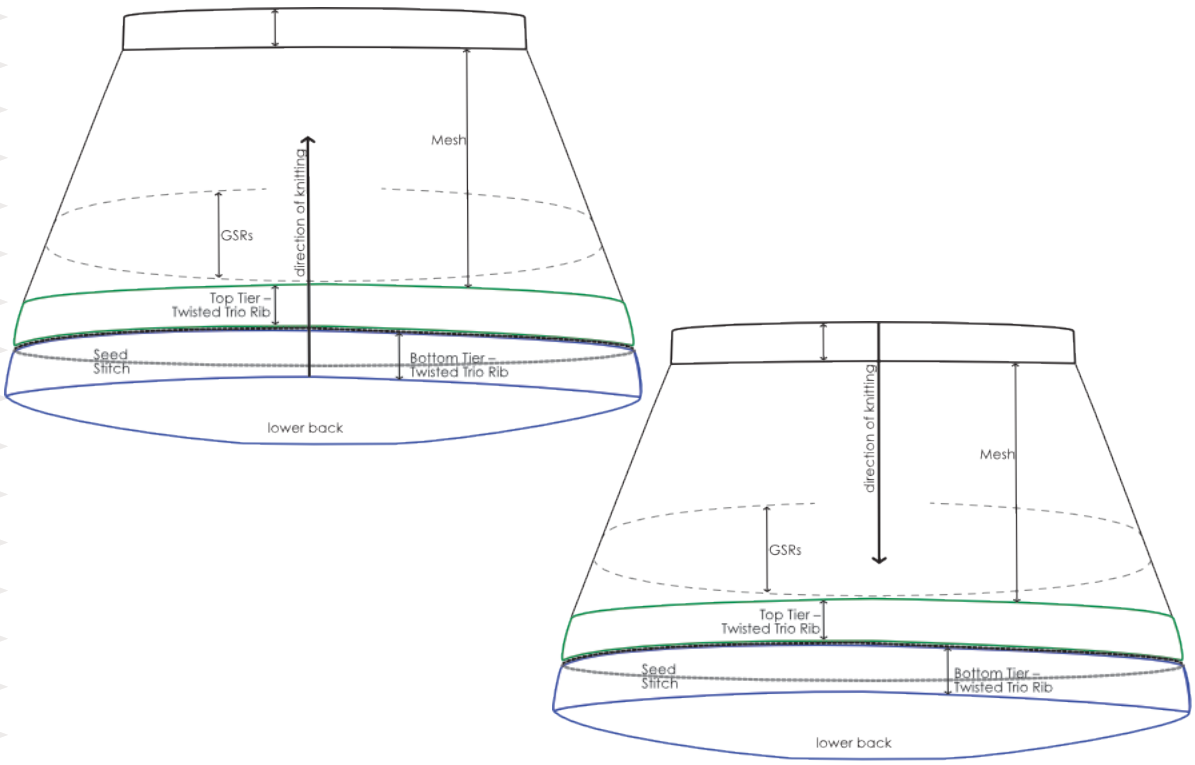
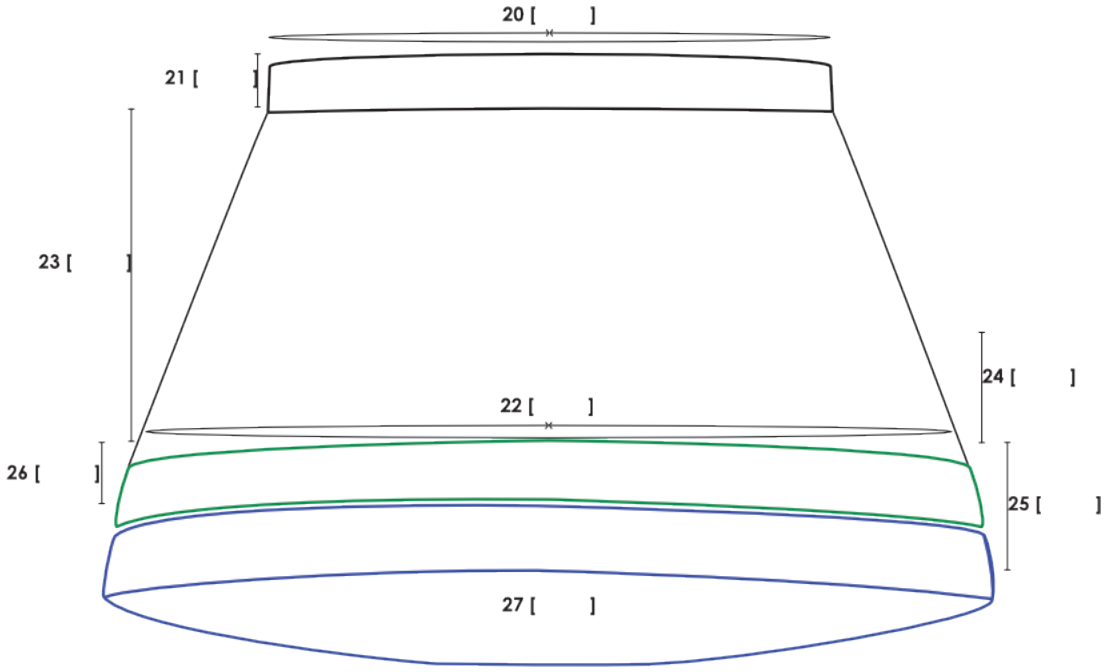
chios cowl road maps



chios cowl schematics

measurements here also



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CHIOS COWL SECTION 1

how to take measurements for chios cowl

22 Hold your tape measure in a closed circle and find your preferred the neck circumference. Measure from your HPS to where your tape measure sits before pulling it forward.

Record Front Neck Depth: _____

Your neckline isn't going to stay in the perfect circle you have created. To find your actual neck drop, pull the tape measure forward so it is resting against your back neck and drops in the front. **Where the tape measurement now sits is your actual front neck drop**. Mark this position.

Record the circumference: 22 _____

23 What depth do you want your Neckband?

Record Neckband depth: 23 _____

24 Take the tape measure down to where the mesh will extend to its full circumference and pull the tape so it has the amount of ease you want. Mark this position.

Record Mesh circumference with ease: 24 _____

25 What is your preferred depth/length for your mesh from the bottom of the neckband to the top of the Twisted Trio Rib Tiers?

Record distance between markers: 25 _____

26 Select the appropriate number from the Table of GSR Measurements based on your Actual Front Neck Drop.

Record: 26 _____

27 What is your preferred depth/length for both Twisted Trio Rib Tiers?

Record: 27 _____

28 What is your preferred depth/length for the Top Twisted Trio Rib Tier?

Record: 28 _____

29 What is your full circumference around the bottom of your Chios Cowl, with ease for moving your arms if appropriate?

Record: 29 _____

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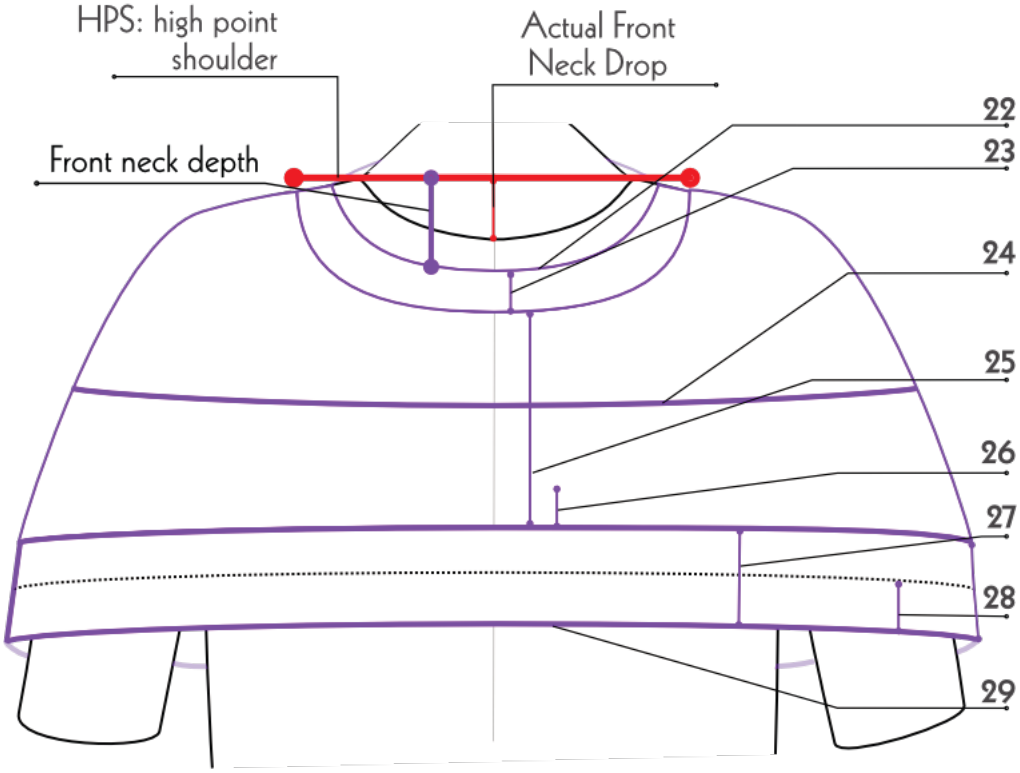
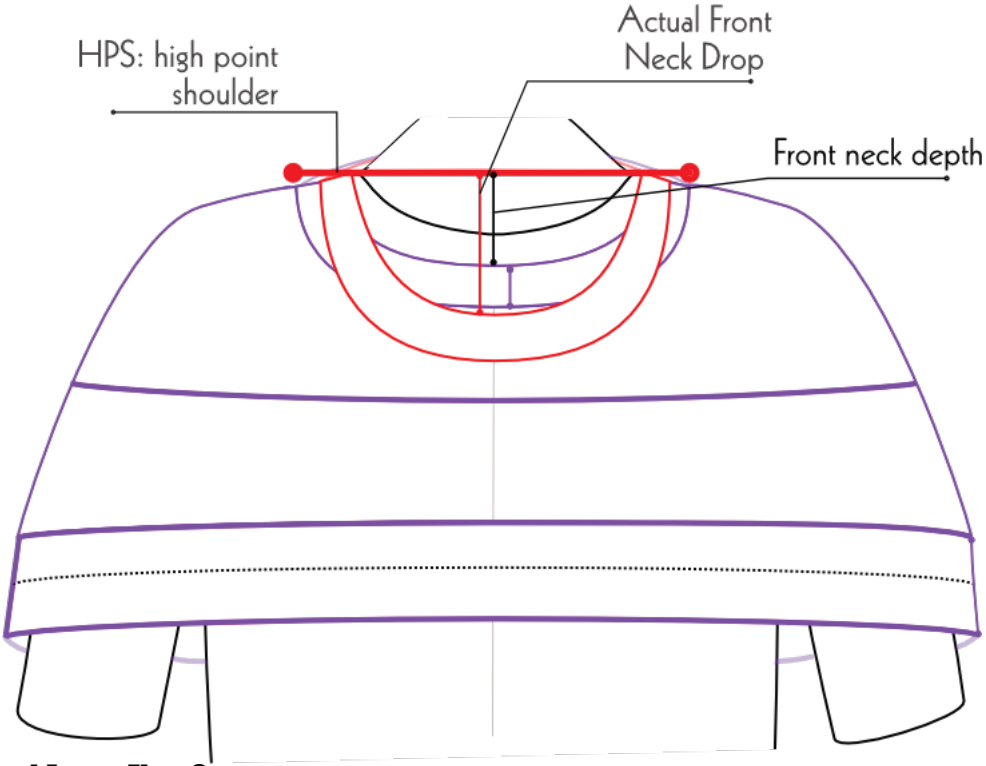
Measurements: Chios Cowl



Chios Cowl: What Happens to the Front Neck



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To choose your best Actual GSR Depth, use the Actual GSR depth that corresponds to the Total Depth of Front Neck Drop measured from your HPS shoulder to your desired front neck depth. The actual measurement has been shortened to account for how the Neckline will elongate as it sits on your back neck.

Alternatively, you can choose a larger or smaller GSR depth to further personalize your fit.

See Measurements illustrations.

Table of GSR Measurements

Inches		Centimeters	
Total Depth of Front Neck Drop	Actual GSR Depth	Total Depth of Front Neck Drop	Actual GSR Depth
2.5"	1.625"	6.3 cm	4.1 cm
3"	2"	7.6 cm	5.1 cm
3.5"	2.375"	8.9 cm	6 cm
4"	3.625"	10.2 cm	9.2 cm
4.5"	3"	11.4 cm	7.6 cm
5"	3.375"	12.7 cm	8.6 cm
5.5"	3.625"	14 cm	9.2 cm
6"	4"	15.2 cm	10.2 cm
6.25"	4.125"	15.9 cm	10.5 cm
6.5"	4.375"	16.5 cm	11.1 cm
6.75"	4.5"	17.1 cm	11.4 cm
7"	4.625"	17.8 cm	11.7 cm

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abbreviations & symbols

"/in	inch(es)
#	number
%	percent
BO	bind off
BOR	beginning of round
cm	centimeter
CO	cast on
dec	decrease
g	gram(s)
GSR	stitch for GSR / German short row
JSSBO	Jeny's surprisingly stretchy bind off
inc	increase
incR	increase into top of stitch below
k	knit
k1-b	knit 1 in back leg
k2tog	knit 2 together
k2tog-b	knit 2 together through back legs
m	meter(s)
mm	millimeter(s)
p	purl
p1-b	purl 1 in back leg
p2tog-b	purl 2 together through back legs
RS	right side
sl1	slip 1 st with yarn in back
SKPO	YO, slip, k1, pass slip & YO over
st(s)	stitch(es)
WS	wrong side
yd(s)	yard(s)
YO	yarn over

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information you can use

measurements My sample measurements are based on blocked gauge and whatever you give to the ***Pattern Tailor*** is what will be used to create your Pattern. These are provided for guidance; you will choose your own measurements (**see** Links to Videos).

	Measurement	Chios Cowl in lace weight	Write in Your Chios Cowl Measurements
20	Circumference of the Neckband?	20" / 50.8 cm	[ ]
21	Depth/Length of the Neckband?	1.5" / 3.8 cm	[ ]
22	Circumference of the Mesh?	42.5" / 108 cm	[ ]
23	Depth/Length of the Mesh?	4.5" / 11.4 cm	[ ]
24	Depth/Length of the GSRs in the Mesh (based on Front Neck Drop)?	2" / 5.1 cm	[ ]
25	Total Depth/Length of the Top and Bottom Twisted Trio Rib Tiers?	3" / 7.6 cm	[ ]
26	Total Depth/Length of the Top Twisted Trio Rib Tier?	1.5" / 3.8 cm	[ ]
27	Total bottom circumference in Twisted Trio Rib?	46" / 116.8 cm	[ ]

needles & supplies

Size [ ] needles (smallest), size [ ] needles (primary), and size [ ] needles (largest).
Stitch markers, tapestry needle. Extra needle for the flexible long-tail cast on.

sample yarn information

total weight 35g (bottom-up)
MerinoSilk Lace from Sweet Georgia Yarns, 50% fine merino 50% silk, 100g, 765 yds / 700 m.
total weight 35g (top-down)
CashSilk Lace from Sweet Georgia Yarns, 55% silk, 45% cashmere, 50g, 399 yds / 365 m.

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links to videos

Making the Chios Cowl

1) Measuring for Chios Cowl
2) Working Twisted Trio
3) Working Mesh
4) Working SKPO + double-YO
5) Working WS Mesh Inc Rnds
6) Working YO-GSR & SKPO-GSR
7) Choosing GSR Depth
8) Closing JSSBO ITR
9) Wearing the Chios cowl

Using the *Pattern Tailor:*

Find four videos on using the *Pattern Tailor*.

technique links, in alphabetical order

The technique instructions used in this pattern are provided as an aid in reproducing my designs. My samples are knit by a knitter, following these instructions, so I know they work.

I recommend practicing new-to-you techniques before working them in the design. Some of my techniques can be a little tricky or fiddly, but they get great results, and learning them will pay off for you when you can apply them to future projects.

double YO
flexible long-tail cast on
GSR
I-cord swatch
incR
JSSBO / Jeny's surprisingly stretchy bind off
k1-b
k2tog
k2tog-b
p1-b
p2tog-b
SKPO
slip
steam block
wet block
work in end

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information you will enter into the chios cowl *pattern tailor*

This is a fillable form. You will still have to enter the details into the Pattern Tailor, but this is a handy place to jot things down. You can print it if you prefer. The measurements are on **page viii**.

The unblocked gauge is valuable if you like to know whether your knitting as-you-go matches what you had in your swatch. Often there is a dramatic change with blocking, but rather than waiting to find out, use your unblocked gauge for as-you-go assurance!

	General Information (required)	
1	Who is this for?	[ ]
2	What date did you enter?	[ ]
3	Record yarn length data in yards or meters?	[ ]
4	Record yarn weight data in grams or ounces?	[ ]
5	Record body or cowl measurements in inches or centimeters (cm)?	[ ]
6	Record needles in US or metric (mm) sizes?	[ ]

	Yarn (required)	
7	Yarn [ ]	
8	Yardage or meters in full skein?	[ ]
9	Ounces or grams in full skein ?	[ ]

	Needles (required)	
10	Neckband (smallest) needle size?	[ ]
11	Mesh & Top Tier Twisted Trio Rib (primary) needle size?	[ ]
12	Bottom Tier Twisted Trio Rib (largest) needle size?	[ ]

	Rounding (required)	
13	Do you want numbers calculated by the ***Pattern Tailor*** to be rounded up (larger number) or down (smaller number)?	[ ]

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Unblocked & Blocked Gauge, continued (required & optional)			
	Fill in numbers for unblocked measurements if you wish to save them. They are all optional.		
		Optional	**Required**
14	Blocked Twisted Trio Rib stitch gauge over 4"/10 cm on smallest needles?	[ ]	[ ]
15	Blocked Twisted Trio Rib rnd gauge over 4"/10 cm on smallest needles?	[ ]	[ ]
16	Blocked Mesh stitch gauge over 4"/10 cm on primary needles?	[ ]	[ ]
17	Blocked Mesh rnd gauge over 4"/10 cm on primary needles?	[ ]	[ ]
18	Blocked Twisted Trio Rib stitch gauge over 4"/10 cm on primary needles?	[ ]	[ ]
19	Blocked Twisted Trio Rib rnd gauge over 4"/10 cm on primary needles?	[ ]	[ ]

Your measurements are here. Measurements will be adjusted in your final **Chios Cowl pattern** to reflect adjustments made for stitch pattern and gauge.

Swatch Details for Estimating Yarn Needed (all optional)		
28	Optional: Total weight of swatch?	[ ]
29	Optional: Total stitches cast on for swatch?	[ ]
30	Optional: Total Rnds, plus cast on and bind off in swatch?	[ ]
31	Optional: Number of Twisted Trio Rib Rnds in your swatch (using primary needles)?	[ ]
32	Optional: Number of Mesh Rnds in your swatch?	[ ]
33	Optional: What is the weight of the yarn used in your swatch Mesh Rnds?	[ ]
34	Optional: Did you use the flexible long-tail cast on and JSSBO in your swatch?	[ ]
35	Optional: Did you make an ITR swatch or Flat swatch?	[ ]
36	Optional: What is the average length of the floats on your I-cord swatch	[ ]

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written stitch patterns for swatching

These are the stitch patterns used in the Chios Cowl and are presented here for ease of swatch knitting and reference. There are both flat and in-the-round I-cord (ITR) instructions.

I recommend that you always use the flexible long-tail cast on for any swatch to be sure your cast on isn't distorting your knitting. For the same reason, I always bind off using JSSBO. Your swatch is a perfect place to practice any of the techniques introduced in this pattern.

If you would like to practice German short rows after you get the **Chios Cowl pattern**, put your stitches on waste yarn or a stitch holder to wet block so you can access live stitches later.

Making an ITR (in-the-round) Swatch

Working ITR in your swatch can be important. To do so you need to always be working a RS row. I am giving you instructions for working flat as well, but it may not be an entirely accurate representation of your ITR gauge.

Here are general instructions.

Stitches to Cast On

Choose the appropriate number of stitches from the table to the right. The stitch numbers allow for the + 2 stitches included in the instructions.

Working Your I-cord or Flat Swatch

***Mesh swatch**: Begin and end each Row/Rnd with a k1-b or p1-b. If the floppiness of the edge bothers you, pick up the float from the Row/Rnd before and include it in your k1-b or p1-b(essentially a k2tog-b or p2tog-b). This is a 2 Row/Rnd or Row pattern. The k1-b/p1-b isn't needed for a flat swatch.*

For most of the stitch counts cast on you will need to adjust the stitches to work the Twisted Trio Rib.

Weigh your swatch before adding more stitches.

***Spacer**: This is where to change your stitch count. Decrease on the first row. Work 1 purl row. Knit 1 row. Purl 1 row.*

***Twisted Trio Rib swatch**: Begin and end each Row/Rnd with a twisted stitch. I have added in extra stitches so you begin and end with p2. Work a p1-b. This is a 1 Row/Rnd pattern or, if working flat, a 2-row pattern.*

You need to swatch the Twisted Trio Rib using the smallest and primary needles. You can choose which needle you start with.

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calculator links

Calculators *Check here for additional calculators added after publication of this pattern.*
FLTCO (flexible long-tail cast on)
YRF (yarn remainder finder)
JSSBO (Jeny's surprisingly stretchy bind off)

Table of Stitches to Cast on for Chios Cowl

Sts per In/ 2.54 cm	Sts to CO	Stitch Change Row	Sts for Twisted Trio Rib
2.5 / 3	18	(K5, incR) 3x, k3	21 / +3
3.5	20	(K5, incR) 3x, k5	23 / +3
4	22	K11, incR, k11	23 / +1
4.5	24	K11, k2tog, k11	23 / –1
5	26	(K5, incR) 4x, k6	30 / +4
5.5	28	(K9, incR) 2x, k10	30 / +2
6	32	(K5, incR) 5x, k7	37 / +5
6.5	34	(K9, incR) 3x, k7	37 / +3
7	36	K18, incR, k18	37 / +1
7.5	40	(K5, incR, k5) 4x	44 / +4
8	42	(K11, incR, k10) 2x	44 / +2
8.5	44	—	44
9	46	(K5, incR, k4) 5x, k1	51 / +5
9.5	50	K25, incR, k25	51 / +1
10	52	K25, k2tog, k25	51 / –1

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Using size _____ needles, and the flexible long-tail cast on, CO_____ sts (use table on page xiii).

After casting on, work Dec Row/Rnd 1 and Inc Row/Rnd 2 in Mesh ITR, or if working flat, work Dec Row 1 and Inc Row 2.

Mesh ITR

multiple of 2 sts + 2

Dec Row/Rnd 1 decreases stitches and Inc Row/Rnd 2 restores them. All Row/Rnds are worked from the RS.

SKPO: YO, sl1, k1, pass the sl1 & YO over

Inc Row/Rnd 2 adds in the stitches decreased in Dec Row/Rnd 1. To stay on track, remember that the YO always follow the k1 on Inc Row/Rnd 2.

After the first Dec Row/Rnd 1 the YO is the first stitch, the k1 from Inc Row/Rnd 2 is the sl1 and the k1 is worked in the YO from Inc Row/Rnd 2.

Row/Rnd	Begin	Mesh	Repeat	End
Dec 1 [RS]	K1-b	SKPO	to the last st	k1-b
Inc 2	K1-b	k1, YO	to the last st	k1-b

Work Row/Rnd Dec 1 and Inc 2 to desired depth.

Mesh Flat

multiple of 2 sts + 2

Dec Row 1 decreases stitches and Inc Row 2 restores them. Both RS and WS rows are worked.

Row	Begin	Mesh	Repeat	End
Dec 1 [RS]	K1-b	SKPO	to the last st	k1-b
Inc 2	P1-b	YO, p1	to the last st	p1-b

Spacer

This can be worked back and forth as rows if you prefer. I have charted the Dec/Inc Row so that you can write in the numbers from page xiii.

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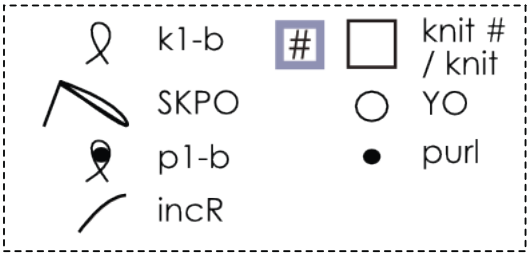
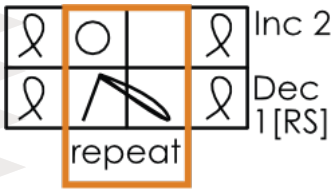
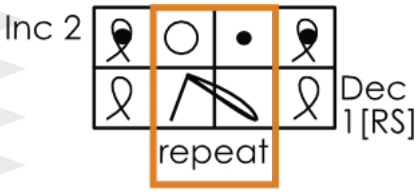


Action charts for swatching

Mesh ITR – Dec Row/Rnd 1 and Inc Row/Rnd 2 Action chart



Mesh Flat – Dec Row 1 and Inc Rnd 2 Action chart



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Row	Garter
Dec 3 [RS]	Work the appropriate Dec Row from page xiii.
4 & 6	Knit (purl if working from the RS)
5	Knit

Work Twisted Trio Rib either ITR or flat on both the small and primary needles.

Twisted Trio Rib ITR

multiple of 7 sts + 2

Twisted Trio: Do not take the trio of stitches off the left needle until all three have been worked. Work "3 – 1 – 2" or "In–Out–Center": Go into the 3rd (In) stitch as to knit and knit; go into the 1st stitch (Out) stitch as to knit and knit; go into the 2nd (Center) stitch as to knit and knit, sliding all 3 stitches from the left needle.

Row/Rnd	Twisted Trio Rib	Repeat	End
7 [RS]	P2, k1-b, Twisted Trio, k1-b	to the last 2 sts	p2

Work Row/Rnd 7 to desired depth.

Twisted Trio Rib Flat

multiple of 2 sts + 2

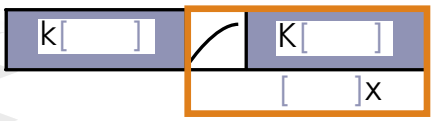
Twisted Trio: Do not take the trio of stitches off the left needle until all three have been worked. Work "3rd – 1st – 2nd" or "In–Out–Center":

Row 7: Go into the 3rd (In) stitch as to knit and knit; go into the 1st stitch (Out) stitch as to knit and knit; go into the 2nd (Center) stitch as to knit and knit, sliding all 3 stitches from the left needle.
Row 8: Go into the 2nd (Center) stitch as to purl and purl; go into the 3rd stitch (In) stitch as to purl and purl; go into the 1st (Out) stitch as to purl and purl, sliding all 3 stitches from the left needle.

Row	Begin	Twisted Trio Rib	Repeat	End
7 [RS]	—	P2, k1-b, Twisted Trio Row 7, k1-b	to the last 2 sts	p2
8 [WS]	K2	p1-b, Twisted Trio Row 8, p1-b, k2	to the end	—

Work Rows 7 and 8 to desired depth.
Bind off using JSSBO.

Spacer – Dec Row/Rnd 3 Action charts. Write in the numbers in brackets.

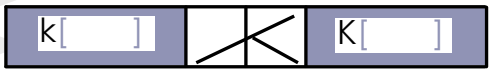


Dec 3 [RS]

2.5/3, 3.5, 5, 5.5, 6, 6.5, & 9 sts to 1"/2.54 cm

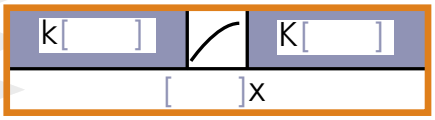
Dec 3 [RS]

4 & 7 sts to 1"/2.54 cm



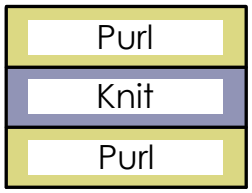
Dec 3 [RS]

4.5 & 10 sts to 1"/2.54 cm



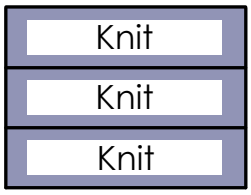
Dec 3 [RS]

7.5, 8, & 9.5 sts to 1"/2.54 cm

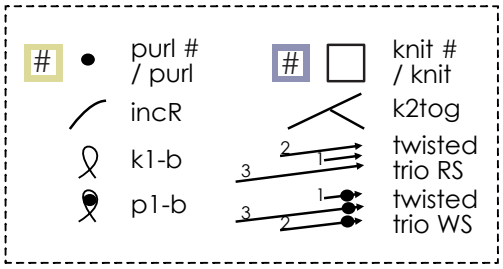


6
5
4 [RS]

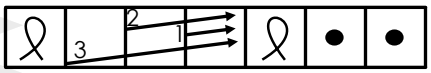
5



6
4 [RS]



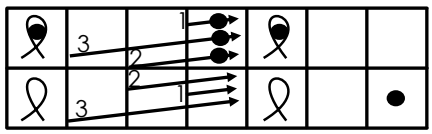
Twisted Trio Rib ITR – Row/Rnd 7 Action chart



7 [RS]

Twisted Trio Rib Flat – Row/Rnds 7 and 8 Action chart

8



7 [RS]

CHIOS COWL SECTION 1

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